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Dear Parents and Carers

Sex and Relationship Education is part of our Personal Life Skills Curriculum. Some topics will be taught in class groups, some will be delivered to single sex groups and some students may work in small groups depending on levels of need and understanding.

This year your son/daughter will be studying **some** of the following topics depending on the maturity of the group he/she will work within:

Identifying body parts, physical and emotional changes that happen during puberty to both boys and girls, the differences between being public and private, hygiene, intimacy and sexual relationships. For some of the students, sexual relationships will include heterosexual, homosexual, why people have sex and its consequences. We will look at consent and how to say no to anything that makes us uncomfortable, this will be a very important part. We will endeavour to reinforce ways to behave in responsible and mature ways, as well as promoting positive and healthy attitudes about changes to themselves and to others as well. We intend to explore different types of relationships but putting high emphasis on promoting being happy and safe.

We feel it is very important that students think about how they are growing up and the changes that are happening emotionally and physically as they approach adulthood. The class teacher will ensure that the work is designed to meet the needs of students and will adapt lessons accordingly.

If you have any questions or are concerned about your child participating in any of these lessons, or if you would like to look at the resources we will be using please do not hesitate to contact us. If you would like help addressing any of these issues at home we will also be pleased to help.

Yours sincerely

Mr J. Cohen, Mr E. Klingenberg, Mr W. Bright, Mrs H. Cross, Mrs R. Klingenstein, Mrs J. Harvey
(Upper School Tutors)

