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Dear Parents and Carers,

Plastic Free Lampard

This year Lampard has signed up to the Surfers Against Sewage Plastic Free campaign. Plastic Free Schools is a pupil led education programme, designed to equip pupils with tools and challenges that create positive, lasting environmental change. The programme asks pupils to not only tackle unnecessary single-use plastics in their school but inspire Industry and Government to make positive strategic steps in the same direction. In December 2018 the Education Secretary Damian Hinds urged all schools to eliminate their use of single use plastics by 2022, highlighting the Plastic Free Schools programme as a leading campaign.

Lampard will be working towards five objectives to achieve Plastic Free Status, including beach cleans, litter picks, reducing, recycling or reusing plastics and writing letters to MPs and companies asking them to reduce their use of single use plastics.

To help us achieve Plastic Free status, we would like to offer some tips and advice on reducing single use plastics in our pupils' snacks and lunch boxes.

- Use a reusable container for sandwiches or wrap in kitchen roll/greaseproof paper (which can be composted) instead of foil and cling film. Or try reusable sandwich bags, beeswax or vegan sandwich wraps. These can be washed and reused.
- Bring drinks in a reusable bottle rather than cartons or foil pouches. Bottles can be refilled in school.
- Instead of buying separate individual servings of snacks (yoghurt, raisins, biscuits, crisps etc.), buy one large pack and then put a serving each day in a smaller reusable container - also a money-saver!
- Use cutlery that can be washed and used again or pupils can use the cutlery provided in school.
- Choose fruit as your snack of choice, not only is this a healthy option, but it comes with its own natural packaging and the leftovers can be composted - win-win!





Recycling tips –

- Foil can be washed and put in your recycling bin.
- Not all plastics can be recycled so check on the packaging. Plastics can only be recycled between 5 and 7 times.
- Walkers' crisp packets can now be recycled, visit <https://www.terracycle.co.uk/en-GB/brigades/crisppacket> for more information.
- Terracycle also recycle many household items which can be taken to collection points or posted to them. For more information visit <https://www.terracycle.co.uk/en-GB>.

If you would like to learn more about the Plastic Free Schools campaign, please visit <https://www.sas.org.uk/plastic-free-schools/>.

Thank you for your support in this matter and we look forward to sharing our Plastic Free achievements with you.

Kind regards,

Helen Cross
Plastic Free Lampard Co-ordinator

