

# The Lampard Community School

## Newsletter December 2023

Dear Parents and Carers,

We have reached the end of the Autumn Term and what a busy term it has been! There is much to celebrate and I am so proud of the hard work and successes of all the wonderful students at Lampard Community School. I would also like to thank the staff for their tireless efforts and dedication.

Sadly, Mr Fletcher, Mole Class tutor, is leaving us this term. We wish him all the very best in the future. We are pleased to announce that Mrs Keen will be the new tutor in Mole Class from January 2024, and she will be joined by Mrs Hyde on her return from her maternity leave.

I hope you all have a wonderful time over the Christmas break, and I look forward to seeing everyone back on Thursday 4th January 2024.

Have a safe and joyous Christmas,

Mrs Harvey

Head Teacher



### LOWER SCHOOL

#### *Otters*

The students in Otters have had a busy half term! We have been making bird feeders in our outdoor learning sessions and have visited the local park in preparation for our upcoming trip to Rosemoor. We have been using The Naughty Bus book to create our own versions of the story where the students are choosing the adventures of their chosen character. All students have been working hard with their daily phonics, speech and language, handwriting and are enjoying using the iPad to consolidate these skills. In Maths we have been learning about days, months and numbers to 20. Some students watched the theatre group, Theatre Alibi in the school hall, while others have experienced our minibus and all enjoyed our Future Fridays session of Yoga with a qualified instructor.

They all listened well! We are now working hard to prepare for our Christmas Celebration which we can't wait to share with you all.





### *Tavy*

In Tavy this half term we have enjoyed making sandwiches in our Food Studies Lessons. Students have taken part in food tasting to try different fillings, then designed and made their own sandwich. Everyone enjoyed making the sandwiches, but our favourite part was eating them!

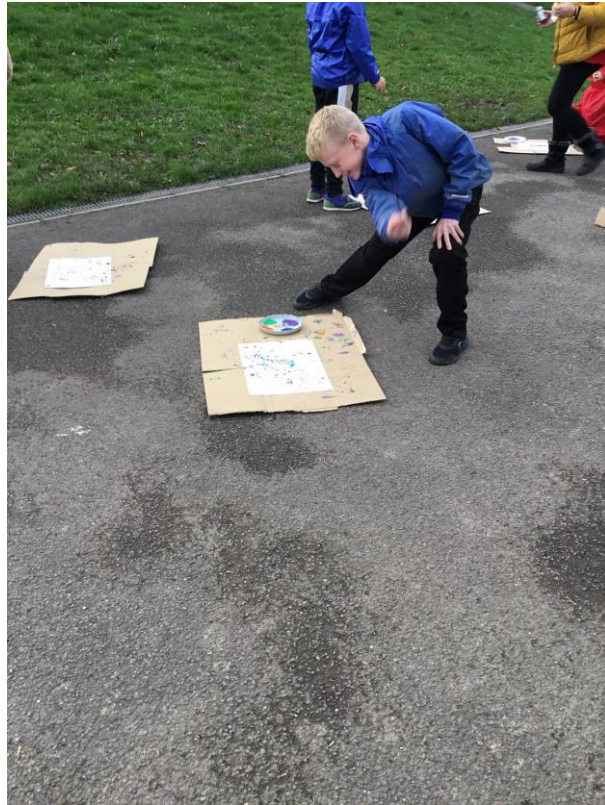


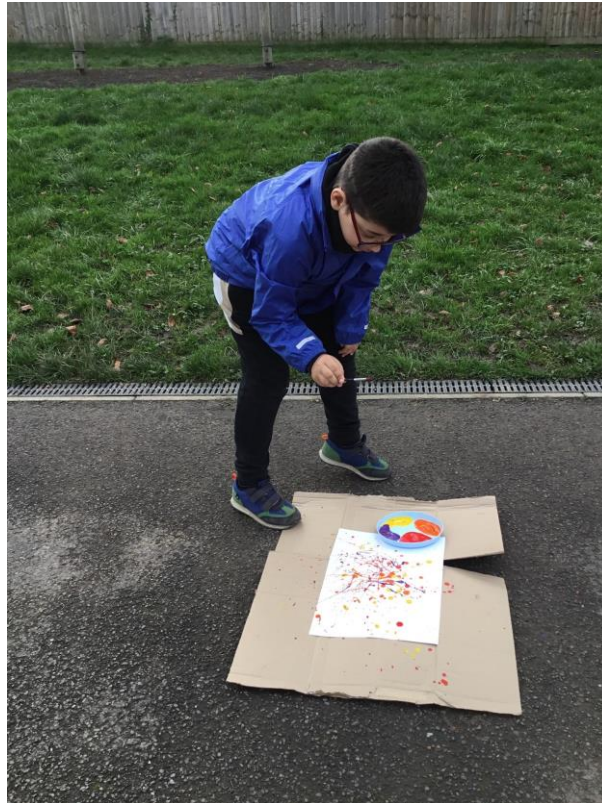




### *Deer*

In Art we have been focusing on mixing colours to create secondary and tertiary colours. We added white to a colour to make a tint and added black to make a shade. Last week we created our own splatter paintings in the style of Jackson Pollack. We went outside and flicked, dropped and splattered paint across the paper. We all had a great time.





### *Umber*

Umber have had a great half term. They have particularly enjoyed Future Fridays. They had fun exploring breathing and ways their bodies can move in yoga, they shared a drink together at St John's Garden Centre and loved splashing in the mud in Forest School. Umber class are a really caring group who are always happy to share and enjoy time together. I wonder what next term will bring...







### *Taw*

Taw class have had a wonderful Autumn half term and have been learning about World War One. The children recorded a moving assembly about Remembrance Day which was presented to the whole school and they spoke about the poppies they painted in memory of those who lost their lives. For our Future Friday's lesson last week, the children and staff enjoyed coffee and biscuits at St John's Cafe and explored the wonderful Winter Wonderland with much excitement getting us all in the Christmas spirit!! Taw class wish everyone a very happy Christmas.



### **Mole**

Mole class have had a busy and enjoyable end of term, with a great performance of the song 'True Colours' with signing - for Children in Need. We have been learning about Diwali the Festival of Light and making our own replica WW1 helmets out of papier mache! All the children have been able to improve their ability to tell the time to o'clock and half-past, and are becoming more confident at recognising UK coins and finding totals of money. We have been doing some wonderful descriptive writing about Autumn using lots of adjectives, and we've been exploring poetry and writing rhymes about monsters in English! In PSHE we have been focusing on 'Keeping Safe' – at home, outside, in school, in vehicles and online. The children have enjoyed trying and tasting different foods and making their own sandwiches using spreading skills. Mmmmm! We have been nurturing our artistic sides by doing various paintings and collages inspired by artists such as Piet Mondrian, Mark Rothko and Paul Klee. Some fantastic pieces of unique art have been produced by all! The children are now practicing their song for the end of term performance, as well as looking forward to the trip to Rosemoor Gardens and the Christingle service at the church.









## Exe

We have had a fantastic term in Exe class, amazing learning and experiences. The students have enjoyed our “we will remember” theme, learning about World War 1. We were very proud to be involved with the Remembrance service alongside other Barnstaple schools, the students were very respectful and put a wooden poppy in the ground to mark the moment. Other amazing trips have



been to St Johns Garden Centre, Barnstaple Library, and Rosemoor. In school we have enjoyed playing Boccia, basketball, and using the gym equipment. We have been learning monster stories and poems, practicing our time skills in Maths, learning about the body, thinking about our feelings, learning about people around the world and learning a about Diwali, to name but a few.







## MIDDLE SCHOOL

### *Barle*

We have had a lovely half term with lots of outdoor learning opportunities, focusing on Money in Maths and working really hard on our reading. The staff say they have seen lots of good progress in our reading this term! We visited Arlington Court where we saw signs of Wild Weather to link with our topic and also engaged with the Christmas activities. We had a lovely Festive day and are looking forward to returning in the Spring Term to help the National Trust with their rewilding tree planting project at Arlington Court.



### *Tamar*

Terrific Tamar have had a wonderful half term!



We were very lucky to have a musical duo visit us in school and perform some of their songs. Tamar class thoroughly enjoyed this experience and even came up with some great questions to ask the musical pair. We have been hard at work in our maths lessons learning about measure and how to effectively use the measuring equipment by measuring things in the classroom and organising ourselves in height order. We had another visitor come into school! Sciendipity put on a fantastic show, conducting experiments that Tamar was fully immersed in. Tamar even had the chance to make their own bath bombs.

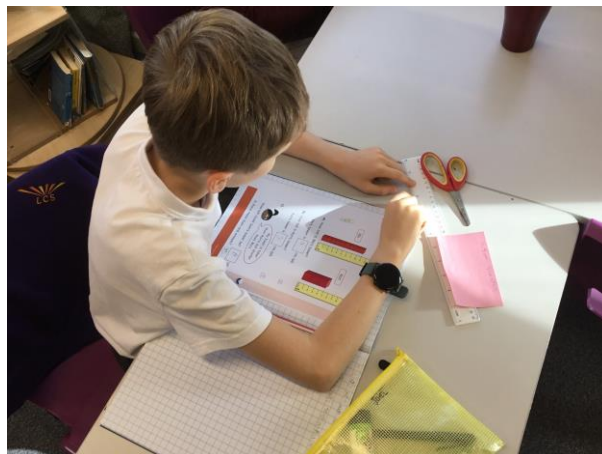
Future Fridays have continued to be an exciting point in Tamar class. The class had the opportunity to travel out to Rock and Rapid and have a go at bouldering. Lots of Spiderman impressions were happening on this day...

We had a thoroughly enjoyable day out at Arlington Court to have a look at the Carriage Museum, the gardens, the manor house all decorated, and the 12 days of Christmas walk. Even the cold and rain did not dampen our Christmas spirit.

I'd like to take this opportunity to wish all of Tamar Class and wonderful Christmas and a Happy New Year.







### **Venn**

Venn really enjoyed our recent trip to Arlington Court and getting out in the wet and cold but still finding ways to have fun. We even did a spot of carol singing!! We are becoming more confident in our use of time and money with 'Venco' shop helping us practice giving and receiving money in class.

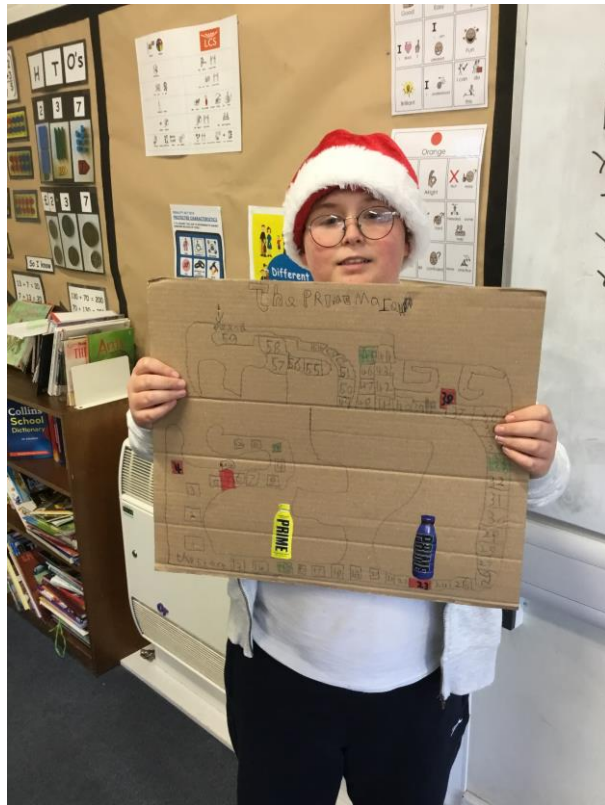
As a class the students have finally completed the class puzzle and even had all the pieces at the end! A big congratulations to Lewis for his recent drama performances at the Queen's Theatre, Alica and Shanese for their singing at Exeter Cathedral and also to Alex for not 1 but 2 Gold medals at the Southwest Schools Trampolining Competition! Amazing, well done!





### ***Waldon***

Waldon have been getting outside whatever the weather this half term. We have worked on road crossings in PSHE and safely cut wood in Outdoor Learning. Students have really enjoyed designing and making their own games in English. They presented their work and wrote instructions with very specific rules.





### **Lyn**

Lyn class surprised us all with their hidden climbing talents!!

On Friday we were lucky enough to be welcomed by Rock and Rapid in South Molton as apart of our Future Friday curriculum.

Not a single member of Lyn class hesitated or showed any fear. They all instantly jumped into action and raced to the top of the wall!

Lyn class love a trip out into the community and are excited to see what other trips we have planned for later in the academic year.







### *Torridge*

Torridge have had a lovely half term and continue to work really well across all areas of the curriculum. In English, we have been looking at giving instructions. A particular highlight was when Torridge class had to instruct a peer how to make a sandwich - although I think the real bonus was when they got to eat it! We have taken our step-by-step instructions outside for PSHE to practice our road safety and being safe when using a zebra crossing. This came in very useful when we took our Maths lesson to Tesco's when learning about Money. Future Friday's has included nerf gun activities, making tea, hot chocolate and toast in the Food Tech room, making picture collages on the iPads and using the salon to learn about personal hygiene. We have also enjoyed a visit to Arlington Court, where we visited the Carriage Museum and hunted for Christmas Trees. Torridge have earned a well-deserved rest over Christmas after a term of fabulous work!





## UPPER SCHOOL

### Upper School News

We are coming to the end of another busy half term in Upper School. As well as the work we do in our tutor groups we do lots of activities across the phase.

This half term students have been working hard in their different options groups and have been producing lots of wonderful work in these lessons.

Our Work-Related Learning (WRL) groups have had some interesting visitors this term. Most recently we have had Heather Eadie from Petroc talk about the courses and support available at Petroc College and Gail Richards talking about Project Seach which is a supported internship at the Hospital. Natlie Bray (CSW) visits the school every Friday to help students think about next steps after school.



As well as working hard we have had trips to the Supported Learning Christmas Market at Petroc and visits to Exeter to see the Christmas Market as part of our Learning Outside the Classroom offer. Some of the Upper School students took part in the choir event at Exeter Cathedral and were amazing!

### *Dart*

Dart have been helping with the arrival of the chickens this half term by moving feed when it arrives and helping to settle them in. We also enjoyed our trip to the Petroc Christmas Market where we looked around the different stalls and went to the Liberty Café for a drink and a cake.





### **Yeo**

Students in Yeo Class have had a very busy term! They have been working extremely hard in their mock exams (English Reading, Writing, and Spelling and Maths Calculator and Non-Calculator exams). They have also had an exciting build up to Christmas. They have made decorations, Christmas cards and absolutely loved going to the Christmas market in Exeter on the minibus. They especially enjoyed buying and eating food there. Henry said the Christmas market was amazing and that they enjoyed looking at the lights and the stalls. He also liked his cheesy chips!

### **Bray**

This term Bray class have enjoyed writing letters to Otters class, all about Halloween and to our favourite authors to ask them questions about their books and why they became an author. We are keeping our fingers crossed that we get some replies. We continued to have WOW visitors on Fridays – the photographer showed us some cool photos he had taken with drones and some of us were really interested in the supported internship with Project Search and the NHS. We made a second trip to Petroc, the Liberty Café and the Christmas market in J block- it was lovely to see some of our old Lampard friends who are now at college. We finished our class book Rooftoppers just in time to start A Christmasaurus Carol, work on our mock exams and look forward to visiting Exeter Christmas Market, all before the end of term.



### **Caen**

Caen class are starting to get very excited about the festive season coming up! With the weather turning a bit colder and a bit wetter, we have been spending a lot of time making use of the fantastic new Sports Hall! Also, we've loved getting outside on the bikes when the weather was on our side. During Future Fridays, we have been looking at developing our healthy lifestyle. Students have been



vacuum cleaning, cleaning the dishes, cleaning windows and making beds. Some of our students loved cleaning and tidying!

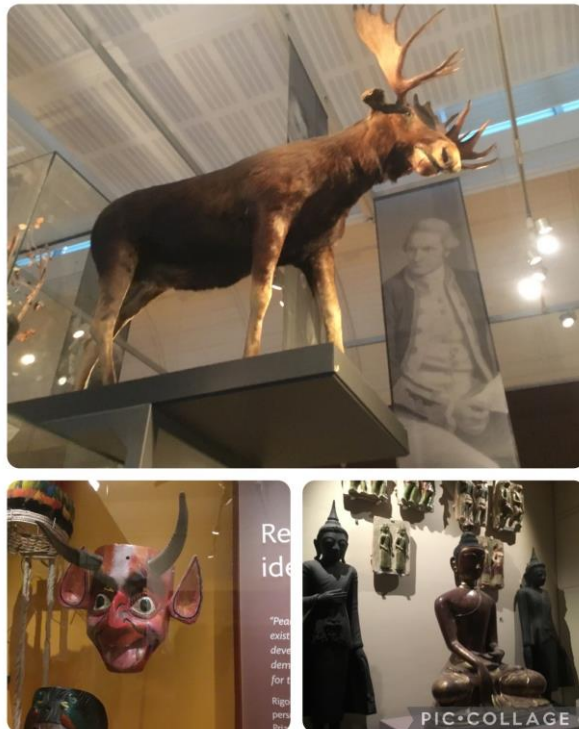






### *Heddon*

This term, Heddon had an amazing trip to the Royal Albert Memorial Museum in Exeter. Students had the opportunity to explore the exhibits which included many interesting animals, ancient relics and many representations of Hindu gods. Students also particularly enjoyed the Ancient Egyptian room!





## NEWS & NOTIFICATIONS

### Choir News

Our wonderful school choir travelled to Exeter to perform in the Cathedral on Friday 1st December. They had tea in school, jumped on the minibus and arrived at the cathedral ready to rehearse. They sang alongside schools from across the Southwest and then performed the song they had been practicing all term. Our incredible soloists were joined by the rest of the choir to create an anthemic sound, singing words that fit with one of our school values...You know you've got to try. They really did Lampard School proud!!!

"It was fun but scary at the same time."

"I liked listening to other people sing."

"I saw all the people, then I just focussed on you Mrs Baker."

From one of the adults who came with us, "What a fabulous evening. It was lovely to see the students performing out of their comfort zone."





### Is my child too ill for school?

**Coughs and colds** It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

**High temperature** If your child has a [high temperature](#), keep them off school until it goes away.

**Chickenpox** If your child has [chickenpox](#), keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

**Cold sores** There's no need to keep your child off school if they have a [cold sore](#). Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

### Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#). Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

### COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

- **What to do if your child has tested positive** Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

**Ear infection** If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

**Hand, foot and mouth disease** If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

**Head lice and nits** There's no need to keep your child off school if they have head lice. You can treat [head lice and nits](#) without seeing a GP.

**Impetigo** If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

**Ringworm** If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

**Scarlet fever** If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

**Slapped cheek syndrome (fifth disease)** You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

**Sore throat** You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of [tonsillitis](#).

**Threadworms** You don't need to keep your child off school if they have [threadworms](#). Speak to your pharmacist, who can recommend a treatment.

**Vomiting and diarrhoea** Children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).





It's Christmas Time – Parents guide to help keep children safe online

# It's Christmas Time!

**A Parent's Guide to Social Media**

**A Parent's Guide to Sharing Pictures**

**A Parent's Guide to Gaming**

**A Parent's Guide to Online Grooming**

scan the QR code with your phone's camera to see the guides on our website

**A Parent's Guide to Live Streaming**

**A Parent's Guide to Online Influencers**

**A Parent's Guide to Fake News**

**A Parent's Guide to Privacy Settings**

**It's always best to be prepared**

Many parents may be planning to give electronic gadgets to their children this festive period. Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

Scan the QR code to find out more.

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssafety.net Tel: +44 121 227 1941

**Skips** www.skipssafetynet.org

Developed in partnership with

Home Office  
Metropolitan Police  
West Midlands Police  
West Midlands Police and Crime Commissioner

What Parents & Carers Need to Know about

# DISNEY+

The Walt Disney Company's streaming service, Disney+, combines entertainment from the famous animation studio itself with Pixar, Star and National Geographic, plus the Marvel and Star Wars franchises. With access to the latest releases, Disney classics and original series, there's plenty of content to explore. While parents may have noted that adverts have been introduced on some versions of the service, the platform is – unsurprisingly for a Disney product – designed to be appropriate for the whole family.

### WHAT ARE THE RISKS?

#### LESS SUITABLE CONTENT

While Disney+ is predominantly family friendly, there are some movies in its library which are aimed at an older audience. These may contain younger users or contain themes or language that may be inappropriate for children. You can restrict your child's access to content by enabling Parental Mode (see below) or specifying a content age rating for your child's profile.

#### BINGE WATCHING

With the option to view content on any internet-enabled device and a growing catalogue of movies, cartoons and documentaries, Disney+ can make watching screen time difficult. This could result in children missing out on other activities, such as sleeping, eating, exercising, or socialising. Too much screen time has also been shown to negatively impact mood, sleep patterns and weight.

#### PHISHING EMAILS

Be especially cautious if you receive emails or text messages purporting to be from Disney+. There have been numerous reports of phishing attempts impersonating Disney+, asking you to log in to your account to receive a reward. Disney+ will never email or text customers asking for their payment details, their personal information or their password.

#### ENCROACHING ADVERTS

Disney+ has introduced a new subscription package – Disney+ Essential – which plays commercials before movies and during shows (like most TV channels). There are no adverts in Junior Mode, but profiles with a content rating of 10 years and over will see content ratings for their age group. Disney+ also gives families a new personalised adverts based on their location and viewing history.

#### ACCESSING ADULTS' PROFILES

If a child isn't set up for their profile, children could access it and discover content which isn't age appropriate. In the settings, Junior Mode has a toggle that 'Exit' which requires the user to read four words (numbers, spelled out) and enter them to switch profiles. For older children who can read, though, this isn't secure enough – so using a PIN for adult profiles is recommended.

## Advice for Parents & Carers

### ADJUST CONTENT SETTINGS

When setting up an account, there's an option to create profiles in which a child's content limits. This generally covers material that's suitable for children up to age 8 and is therefore fairly limited. You can give your child a 10+ or 13+ profile, which is more appropriate for older children. Then go into the settings and change a content rating from one of the pre-set restrictions (G, PG, 10+ or 13+).

### TURN OFF AUTO-PLAY

When a cartoon, show or movie finishes, Disney+ uses algorithms to suggest content with similar themes, which is likely your child will also enjoy. This suggestion can be turned off in the settings. Check the option to turn off this auto-play function in the profile settings. This will encourage your child to take a break from the screen and move on to a different activity.

### ADD PIN PROTECTION

Disney+ enables you to effectively lock profiles behind a four-digit PIN. This protection, some of the shows on the platform's first content has one for more oriented to adults (including several adult ratings) during live TV streams. It's a protective barrier of older ratings profiles with a PIN will help to prevent younger children stumbling across material which isn't intended for them.

### ENJOY AS A FAMILY

When your child watches a movie or show on Disney+ for the first time, you may want to sit with them to ensure it's suitable. You could do the same when introducing them to other items that you borrow from your library and check out what's appropriate for your child's age group. And some of the language and characters in movies from your own childhood may seem quite shocking today.

**Meet Our Expert**

Dr. Claire Buchanan is a leading expert in child protection, online safety and cyberbullying. She has been a member of the National Online Safety Advisory Board and is a frequent speaker at conferences and events. She is also a member of the National Online Safety Council and is a frequent contributor to the media.

**National Online Safety**  
#WakeUpWednesday

@nationalonline\_safety | @nationalonline\_safety | @nationalonline\_safety | @nationalonline\_safety

Years of this guide do as at their own discretion. No liability is entered into. Current as of the date of release: 06.05.2022

As you are now aware, we use Evidence For Learning in school.

I have made a handy video with commentary to explain how to upload photo or video evidence of progress made to you child's PLG targets (Personal Learning Goals) or any other life skills based evidence you'd like to share with us.

Please find the video here on our website: [Evidence for Learning: how to upload photo or video evidence - The Lampard Community School](#) or head to our Facebook page [Facebook](#)

If you need any help with Evidence for Learning- please email me on [smarquiss@lampard.devon.sch.uk](mailto:smarquiss@lampard.devon.sch.uk)

**Sophia Marquiss**

Assistant Headteacher with responsibility for digital teaching and learning

Phase Leader for Middle School

