

AVAILABLE EACH DAY – FRESH FRUIT, SALAD, BREAD, YOGHURT AND WATER

WEEK ONE						WEEK TWO					
Week Starting: 15.04.24, 06.05.24, 03.06.24, 24.06.24, 15.07.24, 02.09.24, 23.09.24, 14.10.24						Week Starting: 22.04.24, 13.05.24, 10.06.24, 01.07.24, 22.07.24, 09.09.24, 30.09.24, 21.10.24					
Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Sweet Potato & Lentil Curry	Lasagne	Chicken & Stuffing	Sausage Roll	Salmon Fish Cake	Option One	Green Mac and Cheese	Meatball Sub	Gammon Pineapple	Beef Burger	Fish Cake
Option Two	Vegetarian Indian Rice	Stir Fry with Noodles	Broccoli & Cauliflower Bake	Quorn Sausage Roll	Pizza Muffins	Option Two	Chilli & Rice	Vegan Meatball Sub	Lentil Loaf	Quorn Burger	Cheese & Bean Pasty
Sides	Naan Bread, Rice & Peas	Garlic Bread, Salad & Sweetcorn	Carrots, Green Beans, Roast or Mashed Potatoes & Gravy	Wedges, Peas, or Spaghetti Rings	Peas, Baked Beans, Pasta & Chips	Sides	Sweetcorn & Crusty Bread	Croquettes & Peas	Carrots, Green Beans, Roast or Mashed Potatoes, Gravy	Potato Wedges, Peas or Beans	Peas or Seasonal Veg, Chips or pasta
Dessert	Fruits and Ice Cream, Yoghurt or Fresh fruit	Strawberry Jam & Coconut Cake	Artic Roll	Chocolate Cake & Chocolate Sauce	Custard Biscuit	Dessert	Waffles, Ice Cream and Toffee Sauce	Victoria Sponge	Fresh Fruit Platter or Watermelon	Apple & Ginger Cake	Strawberry Crispy Cake
Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna

Students in Year 1 and Year 2 are entitled to a free school meal through the Universal Infant Free School Meals Scheme. Eligible students in Key Stage 2 (Years 3 to 6) are also entitled to Free School Meals. To find out if your child is eligible for Free School Meals apply through Devon County Council's Citizens Portal. If your application is successful, please send proof of eligibility to the school office (admin@lampard.devon.sch.uk)

School Meals cost £2.50 for Years 3-6 & £2.80 for Years 7-11.

Our preferred method of payment is via ParentPay. Meals must be paid for in advance or on the day the meal is taken. Please do not allow your child's dinner account to become overdrawn. We may ask you to provide packed lunch for your child whilst overdrawn accounts are cleared.

WEEK THREE					
Week Starting: 29.04.24, 20.05.24, 17.06.24, 08.07.24, 16.09.24, 07.10.24					
Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Pizza	Chicken Meatballs & BBQ Sauce	Roast Beef & Yorkshire Pudding	Breakfast Brunch Sausage & Bacon	Fish Fingers
Option Two	Quorn Fillet	Meatless Meatballs & BBQ Sauce	Country Garden Crumble	Vegetarian Breakfast Brunch Quorn Sausage	Battered Quorn Dippers
Sides	Potato Wedge, Sweetcorn or Spaghetti Rings	Rice & Peas	Carrots, Cabbage, Mashed or Roast Potatoes & Gravy	Hash Brown, Beans, Scrambled Egg & Tomatoes	Chips, Peas, Curry Sauce
Dessert	Fruit Muffin	Chewy Chocolate Slice	Meringue Nest with Mandarins	Strawberry Jelly & Ice Cream	Shortcake
Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna

