

AVAILABLE EACH DAY – FRESH FRUIT, SALAD, BREAD, YOGHURT AND WATER

WEEK ONE		Week Starting: 4.11.24, 25.11.24, 16.12.24, 20.1.25, 10.2.25, 10.3.25, 31.3.25				WEEK TWO		Week Starting: 11.11.24, 2.12.24, 6.1.25, 27.1.25, 24.2.25, 17.3.25			
Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Bean Paella	Spaghetti Bolognese	Chicken & Stuffing	Butchers Sausages	Fish Fingers	Option One	Macaroni Cheese	Chicken Meatballs in Mediterranean Sauce	Roast Gammon with Pineapple	Hot Dog	Salmon Fishcake
Option Two	Risotto Verdi	Quone Spaghetti Bolognese	Homity Pie	Quorn Sausages	Cheese & Bean Pasty	Option Two	Tomato Tumble	Vegan Meatballs	Quorn Fillet	Quorn Dog	Southern Fried Quorn Burger
Sides	Peas & Sweetcorn	Garlic Bread & Sweetcorn	Carrots, Broccoli, Roast or Mashed Potatoes & Gravy	Mash Potatoes, Peas & Gravy	Peas, Baked Beans, Pasta & Chips	Sides	Crusty Bread & Sweetcorn	Rice & Peas	Carrots, Green Beans, Roast or Mashed Potatoes, Gravy	Wedges, Beans or Peas	Chips, Pasta, Peas or Beans
Dessert	Orange Iced Sponge	Apple Crumble & Custard	Peaches & Ice Cream	Rice Pudding with a blob of Strawberry Jam	Chocolate Crispy Cake	Dessert	Flapjack	Carrott Cake	Fresh Fruit Platter	Steamed Strawberry Jam Sponge Pudding with Custard	Jammy Dodger Biscuit
Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna

Students in Year 1 and Year 2 are entitled to a free school meal through the Universal Infant Free School Meals Scheme. Eligible students in Key Stage 2 (Years 3 to 6) are also entitled to Free School Meals. To find out if your child is eligible for Free School Meals apply through Devon County Council's Citizens Portal. If your application is successful, please send proof of eligibility to the school office (admin@lampard.devon.sch.uk)

School Meals cost £2.50 for Years 3-6 & £2.80 for Years 7-11.

Our preferred method of payment is via ParentPay. Meals must be paid for in advance or on the day the meal is taken. Please do not allow your child's dinner account to become overdrawn. We may ask you to provide packed lunch for your child whilst overdrawn accounts are cleared.

WEEK THREE		Week Starting: 18.11.24, 9.12.24, 13.1.25, 3.2.25, 3.3.25, 24.3.25			
Choice	MONDAY (Meat Free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Pizza	Beef Chilli	Roast Pork with Apple Sauce	Minced Beef Wheel	Cod Goujons
Option Two	Pasta Bake	Vegetable Chilli	Vegetarian Roast	Cheese Wheel	Vegetable Fingers
Sides	Potato Wedges, Peas	Rice & Sweetcorn	Carrots, Cauliflower, Mashed or Roast Potatoes & Gravy	Potatoes, Peas & Gravy	Curry Sauce, Chips, Pasta, Peas & Seasonal Vegetables
Dessert	Iced Sponge	Chocolate Cake & Chocolate Sauce	Fruit Platter	Arctic Roll	Oat Cookie
Jacket Potato	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna	Beans, Cheese, or Tuna

