



# EMPOWER Curriculum - Parent Overview

## Upper School - SPRING Term 2025

### English, Language and Communication

- Speaking, Listening and Communication (SLC) lessons will focus on active listening and questioning. By linking these to work students will develop life skills such as interview techniques, body language and use of formal language.
- In English this term we are continuing to practice and develop our punctuation and vocabulary skills. We will have thought about who we are writing for and our writing will be for a variety of different reasons, for example letters and messages. We will be exploring membership forms, brochures, adverts and writing emails.

### Mathematics and Science

- In Maths we take part in the Big Schools Birdwatch and look at data, data collection and presenting data in various graphs, charts and diagrams. We continue number and calculation including using money before looking at time problems and reading and using timetables.
- Please see the attached options list for details of Science in Upper School this term.

### Personal Development and Physical Literacy

- Sport and Leisure students will be participating in athletic events. These events include sprints, relays, and jumps.
- In PSHE we will be focussing on families, challenging negative behaviours, healthy/ unhealthy relationships, consent - the law, giving and withdrawing consent.
- In ICT we are learning how to stay safe and protect personal information online. Students will also be able to set up and use security features and know the benefits of using security software.

### Opportunities to Learn About the World Around

- In RE this term, we will be looking at what life is like for Muslims in Britain. There will be lots of opportunity for discussion.
- Please see the options list attached for details of Humanities, Land Studies and Environmental Studies, this term.

### World of Work and Independent Living

- In WRL this term we will be covering the unit 'Choices and Decisions'. Students will be focusing on making choices about their future and the options available to them.
- Please see the options list attached for details of Food Studies, Life Skills, Hospitality, MVS, Multi-Trades, Business Studies and Animal Care.

### Engagement in the Arts

- Engagement in the Arts is delivered through our options curriculum in Upper School. Please see the options list attached for details of Art, Music, Media and Drama this term.

### Real Life Contexts

- Our context this term is **Independent Living**.
- In Future Fridays we are visiting the Calvert Trust, Arlington Court and improving our first aid skills.
- We will have the opportunity to take part in a mock interview with an employer.
- We will be attending trips linked to our independence such as visiting the local library and the job centre.