

Status:	Approved By:	Date Approved	Review Period	Date of Review	Statutory/Recommended	SLG
Adopted	Governing Body	May 2018	2 years	May 2020	S	TG



Sex and Relationship Education Policy (SRE)

Aims & objectives / ethos:

This policy covers our approach to SRE at Lampard which encompasses the following values:

Equality and diversity; we treat all students and lifestyles with equal respect and value. We do not promote any relationship, gender or sexual preference over another.

Students with complex needs and disabilities can be more vulnerable to abuse and exploitation so it is vital that they are given the correct information and education regarding sex and relationships in order to keep themselves safe. We believe that all young people have an entitlement to learning that enables them to live safe, fulfilled and healthy lives. Our comprehensive PLS/PSD and Sex and Relationship Education contributes to protecting and safeguarding our community of young people.

Students will be taught SRE in relation to their needs at the time. Many students will be at different points in their sex education and staff need to be responsible for making a professional judgement. This professional judgment will be made with the help of colleagues, parents and the students themselves. We are committed to working with parents and carers and acknowledge their significant role in SRE education. We offer support via access to our policy and resources, fliers, handouts available at parents' evenings as well as regular communication with tutors via telephone, home school books and specific meetings.

Dependent on the students' needs SRE will be delivered in tutor groups, single sex groups and discreet groups. There should always be at least two members of staff present if 1:1 teaching and learning is taking place, due to the sensitive nature of the work taking place.

Teachers' will develop ground rules for their SRE lessons with their class. These will make clear that nobody will be forced to take part in a discussion, nobody will have to answer personal questions and that students are encouraged to ask questions and share ideas in a safe non judgemental environment.

If there are any students who cannot access SRE as part of a group, for example they have experienced abuse in the past and may share inappropriate details with the rest of the group, then the tutor should refer to the Pastoral Care team or the PLS/PSD co-ordinator as appropriate.

Consent is an important issue for students with complex needs and will need to be consistently reinforced. Our key stage 3 and 4 students will develop this and understand sexual consent.

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This policy was produced in line with Sex and Relationship Education Guidance, 2000, DfEE and the PSHE Association's current guidance. The PLS/ PSD coordinators consulted with teaching staff, senior leadership, the Governing Body and students of the school via the school council.

How SRE will be delivered:

SRE will be taught by the students' tutor. There may be some circumstances where another adult in school would be more appropriate (for example, a specific group around growing up may be delivered by another adult). Staff will be sensitive to students' individual circumstances, backgrounds and experiences.

Staff need to send out letters to parents/carers before teaching SRE. The PLS/PSD coordinator will supply a basic copy for Tutors to amend. If a parent/carer wishes their child to opt out then it is their responsibility to contact the school. Staff will work with parents to determine which aspects of the curriculum are causing concern and students who have opted out will continue their PLS/PSD work within the most appropriate group.

Students' progress will be recorded on the skills list by their tutor. This will be updated when SRE has been taught and will be stored in the students' gold folders.

Students will be made aware of where they can seek advice on sensitive issues within school and in the wider community. This includes advice from the Pastoral Care Leader and where to seek treatment, counselling and confidential advice from health care professionals. The school nurse is available at parent evenings for parents and carers to seek advice and support. Tutors will allow students the opportunity to ask anonymous questions that can be answered within SRE lessons.

Content of the SRE curriculum:

When the following should be taught is dependent on student individual needs rather than their chronological age.

Our aim for our younger students (generally within KS1) is to understand and develop relationships and that they are growing and changing. Our overall aim for KS2 students is to build on this and begin to understand how their bodies work, what different parts are called, where to seek advice and help and be prepared for puberty.

Our older students within KS3 and KS4 will learn and develop their understanding of the human reproductive system, managing risks and to prepare for adult life.

During their time at Lampard, students will cover the following topics:

Relationships;

 Within the family including step, foster and adoption

 With the school

 Community

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Online

Friends

Romantic

Sexual

Adult, casual, long term partners, marriages, civil partnerships

The variety of relationships with different sexual orientations – gay, heterosexual, bisexual etc.

Differences between boys and girls.

To recognise and compare the main external parts of the body

Growing up and changing including puberty, hygiene, menstruation, wet dreams etc.

Feelings, what to do about them.

The human life cycle

The human reproduction system, including the menstrual cycle and fertilisation Consent – giving and receiving.

Gender identity

Gender stereotypes and challenging them

Staying safe including sexual health

Sexually Transmitted Infections

Contraception, including emergency contraception

Sexual exploitation

Risk awareness

Online safety with regard to relationships, staying safe

Dating

Positive body image

The impact of pornography on relationships

This policy should be viewed in conjunction with the Anti-bullying, safe guarding and on-line safety policies. Staff will refer to these policies and follow our procedures should they think any that any student may be at risk.

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This policy will be available for parents to access upon request and reference to this is made on the school website and on letters sent to parents. Resources that are used with our students are available for parents to see upon request. Staff who deliver SRE will liaise with colleagues including the PLS/PSD coordinators when using any new resource with sensitive content.

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